## JOHN F. MENNEW HIGH SCHOOL

6715 GLORIA DRIVE SACRAMENTO CA 95831

916.395.5090 Home of the cougars

## 2018-2019 COURSE SYLLABUS

SPS210-SPS211, PSYCHOLOGY Fall 2018 - Spring 2019

Mr. Messineo Office number: (916) 395-5090 Ext. 506807 Email address: Vincent-Messineo@scusd.edu Room: T-7

Course Description: The psychology course is designed to be an introduction into the science of psychology. It is a strong academic survey of the essentials of psychology from the physiological facts and classical theories to current trends. The course content will include the general academic overview of psychology, including its vocabulary, research methods and important individuals in the area of psychology. It will also present the general methods of scientific investigation as they are applied to human behavior. It is a broad academic survey of problems, methods, facts and principles. The course content will give students the opportunity to examine and reflect upon their beliefs, attitudes and feelings about themselves and their ideas of what people are like and why they behave as they do. Also included are topics such as: personality, intellectual abilities and adjustment, learning skills, perception, emotions, motivation, personality disorders, thinking and biological influences on behavior.

## **Course Goals:**

- 1. Identify historical backgrounds and approaches to psychology.
- 2. Read contemporary news articles relating to everyday psychology issues.
- 3. Identify different psychological approaches to therapy and research.
- 4. Describe the theories of personality.
- 5. Describe the neurological systems of the body.
- 6. Analyze sensation and perception.
- 7. Describe child development and the various theories regarding social influences.
- 8. Analyze learning, memory and intelligence.
- 9. Identify the various psychological disorders.
- 10.Describe the major motives of life: love, food, social approval and work.
- 11. Analyze one's emotions, stress and mental health.

**Textbook:** *Psychology and You*, Second Edition West Publishing Company, 1995 Authors: McMahon, McMahon and Romano

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## Requirements

### **Participation**

Student participation is 15% of the grade. Additionally, understand that negative participation, (calling out, causing disruptions in class, being

written up, being given sentences) will negatively affect a student's grade.

### **Assignments:**

Students are required to come to class everyday with the following; textbook, paper, some form of writing tool.

It is the student's responsibility to come prepared and I expect it everyday.

Over the course of the semester we will have homework, quizzes, test and a project, but the majority of points will be earned in class, with classwork.

#### Late Work:

Late work is accepted up to the end of the 7th week each quarter, and at no time after. Late work WILL NOT get full credit, and will be adjusted accordingly.

#### Tests:

Will occur on some of the sections, but not all.

Extra Credit: Extra Credit is due no later than the 7th week of each quarter. You can do Extra Credit at any time before that to bring up your grade, but you may only accumulate 50 additional points per quarter. Extra Credit should be an idea YOU choose. It should be something you are interested in learning more about, and is not printing stuff off the internet. The amount of point you will get is determined on how good a job you do. Do not ask me, "How many points will I get if I do this...." I won't know until you turn your extra credit in. it could be a paper, a poster, book report etc. All extra credit must be pre-approved.

IF YOU GET A REFERRAL, AT ANY POINT DURING THE YEAR, YOU NO LONGER HAVE THE OPPORTUNITY TO DO EXTRA CREDIT!

In the event, you get a referral, you will be able to make up the work you missed and get full credit points, however, if we do an activity, or have a quiz in class, you are not entitled to those points and will not be able to make them up.

**Grades:** Grades will be given based on completion and performance on all assignments, quizzes, and tests as well as participation. A 100%-90%, B 89%-80%, C 79%-70%, D 69%-60%, F 59% and below.

Participation = 15%

Assignments = 40%

Tests = 35%

Final Exam = 10%

Total = 100%

## Higher

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#### Classroom Rules

Students are expected to conduct themselves as young adults AT ALL TIMES!

Not only are you expected to comply with the school rules, you are expected to comply with mine as well.

Rule #1- Be quiet! (If you have something to say raise your hand, and wait to be called on.)

Rule#2- Be Polite (Conduct yourself in a proper manner at all time, "Please", "Thank you", and "May I", go a long way...)

If you have to think something is rude or inappropriate to ask, it probably is.

Consequences for inappropriate behavior- 50 sentences "Fiddy"

If you are late to class, I will say to you 50, and you will write "I will not be late to class" 50 times

If you call out I will say 50, and you will write "I will not call out" 50 times

Sentences are due by the end of that period.

If the problem persists or if you refuse to write sentences you will be written up and sent to the office.

### I reserve the right to make adjustments to my class i.e., pop quizzes, seating changes, etc.

Sincerely,

Mr. Messineo

#### Mr. Messineo's Classroom Rules

- 1) Be guiet-Raise your hand and wait to be called on
- 2) Be polite
- 3) Textbook, pen, paper everyday!
- 4) You are responsible for what you miss, even if it is excused
- 5) No eating in class
- 6) No cell phones allowed out in class
- 7) If you receive a referral you can no longer do Extra Credit