## 2021-2022 Course Syllabus

# DEPARTMENT OF PHYSICAL EDUCATION SYLLABUS FOR THE CRIMINAL JUSTICE ACADEMY

### PXS001, Criminal Justice PE Grade 9-12

This course is designed for cadets in the criminal justice program. The class is pure (cadets only) and expectations are higher than the standard physical education class. The students will engage in activities to enhance fitness in a manner that will prepare him/her for a physically demanding field of work and will instill a desire to maintain a high level of fitness throughout his/her career. In addition to fitness, building leadership and instilling Pride, Professionalism, Respect, and Teamwork will be a focus.

#### Instructor:

**Kristen Goding** 

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<u>Google Classroom and Google Forms</u>: Cadets will need to join google classroom. Cadets who do not receive an invitation to join prior to the first day of school should look for their class code within the district's Clever site. Information about my classes are within my teacher page. If a cadet changes classes, they will need to disenroll from google classroom and join their new class.

**Zoom / Meet Virtual Meetings:** There are no regular scheduled virtual meetings but may change depending on how the school year plays out.

Infinite Campus (IC): Each cadet is expected to login to their IC using their username (firstname-lastname@student.scusd.edu) and password (please see your counselor ASAP if you don't know your password). Here they can see their grades, class information and graded assignments. If the cadet does not have access to their account, they need to inform their counselor or teacher immediately.

#### **Expectations:**

- Be on time!
- Be in uniform with no visual jewelry
- Be respectful
- Do your best

<u>Discipline:</u> Cadets are expected to hold themselves and their classmates accountable for their actions. When a cadet chooses not to abide by classroom and/or school policies, his/her fellow cadets are expected to correct the behavior in a respectful manner, either verbally or using appropriate hand gestures. If self and peer accountability is not effective, the cadet will be subjected to the school behavior policy.

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\*\*\*Grades: Cadets will receive grades for various assignments, assessments, and participation in a variety of activities. Point values shown in google classroom may not reflect the actual points or score given in IC. Always check IC for your final grade on an assignment. Grades for distance learning will be broken into the following categories:

<u>Assessments (20%)</u>: In class and online assessments will be posted to check for student understanding and/or develop further understanding of various concepts related to Physical Education. To ensure accountability for student learning, assessments on safety, form, fitness, and basic anatomy will take place throughout the semester.

<u>Participation (80%)</u>: Students are expected to come prepared with the required uniform and participate in all activities on a regular basis. Students may earn up to 10 points per day. Standing around, horseplay and activities other than what is assigned are off task behaviors that will result in a loss of points. Students who are wearing improper shoes will lose their participation points for the day and cannot make-up the points. See **Make-up Work** section for absences. Points may be deducted for being tardy, using the bathroom outside of locker room time, not in uniform, unsportsmanship like behavior, etc

## **Grading Scale:**

Α	В	С	D	F
89.5 – 100%	79.5 – 89.4%	69.5 – 79.4%	59.5 – 69.4%	below 59.5%

<u>Fitnessgram:</u> Students must be in the Healthy Fitness Zone (HFZ) in 5 of 6 areas tested during the Spring test or they must continue taking physical education classes each year until they pass regardless of their PE grade. Though students will have opportunities to improve their fitness during class, students who struggle in specific areas are strongly encouraged to work on those areas outside of class. For more information about the Fitnessgram test and how to score in the HFZ please see the following website: <a href="https://pftdata.org/files/hfz-standards.pdf">https://pftdata.org/files/hfz-standards.pdf</a>

<u>Medical Excuses:</u> A parent or guardian may excuse a student from participation in PE for 1-3 days by writing a note to the teacher explaining the reason for the excuse, the number of days to be excused and a time/number to call for verification. **EXCUSES LONGER THAN 3 DAYS REQUIRE A DOCTOR'S NOTE. PARENTS MAY NOT EXCUSE STUDENTS FROM DRESSING FOR PE**. See Make-up Work section below.

<u>Make-up Work:</u> One make-up assignment is required for each excused absence or each excused non-participation day. Make-up work is due within **Five** days of a return from absence or end of excuse. Students may make-up no more than **Ten** days per quarter. If there is a medical situation that will require missing more than ten days, students are advised to talk to their counselors about other options. Assignments are in google classroom. Off campus school related activities including athletics are excused from make-up work assignments. **NON-SUITS AND UNEXCUSED ABSENCES CANNOT BE MADE UP.**